

Pl	SN	Naam	Plaats\Cat	Totaaltijd	Zwemmen	Wissel 1	Fietsen	Wissel 2	U Turn	1e Loopronde	2e Loopronde	3e Loopronde	4e Loopronde	5e Loopronde	6e Loopronde
1	1	Stefan van der pal	1 MAN	8:56:03	0:55:59	0:01:36	4:45:19	0:01:28	0:00:20	0:29:29	0:31:29	0:31:26	0:32:31	0:33:20	0:33:00
2	45	Jacob Veenstra	2 MAN	8:57:02	1:00:24	0:02:58	4:40:20	0:01:02	0:00:16	0:30:02	0:32:04	0:32:24	0:33:19	0:33:06	0:31:03
3	42	Walter Pennekamp	3 MAN	9:16:54	1:06:02	0:01:53	4:50:02	0:00:42	0:00:19	0:30:33	0:31:00	0:31:29	0:32:11	0:35:06	0:37:34
4	41	Michel Besseling	4 MAN	9:23:10	1:10:51	0:04:24	4:51:08	0:01:12	0:00:20	0:30:28	0:31:07	0:32:30	0:34:01	0:34:07	0:32:58
5	15	Joel Cox	5 MAN	9:30:16	1:08:19	0:04:02	4:43:01	0:01:50	0:00:18	0:31:00	0:32:39	0:35:09	0:36:39	0:38:31	0:38:42
6	12	Samme Steenstra	6 MAN	9:49:35	1:07:09	0:02:22	4:54:51	0:00:48	0:00:22	0:36:08	0:36:01	0:36:01	0:39:48	0:39:55	0:36:05
7	3	Ramon van der Wilde	7 MAN	9:51:38	1:00:31	0:01:26	5:12:01	0:01:12	0:00:20	0:32:04	0:33:42	0:35:11	0:37:09	0:38:26	0:39:30
8	79	Mark Bossinga	8 MAN	9:58:50	1:09:42	0:04:12	5:01:03	0:02:21	0:00:21	0:35:57	0:36:32	0:37:05	0:37:01	0:38:00	0:36:31
9	48	Edwin Achterberg	9 MAN	10:06:18	1:16:53	0:02:33	5:01:39	0:01:42	0:00:21	0:37:03	0:38:16	0:36:18	0:37:28	0:36:32	0:37:27
10	64	Tijl Mertens	10 MAN	10:07:13	1:06:46	0:02:19	5:01:24	0:01:46	0:00:20	0:35:01	0:37:31	0:40:05	0:41:56	0:41:50	0:38:09
11	40	David Landsheer	11 MAN	10:09:31	1:09:05	0:03:16	5:05:20	0:03:22	0:00:21	0:35:45	0:36:57	0:37:22	0:38:24	0:39:08	0:40:26
12	14	Filiep Parein	12 MAN	10:10:06	1:34:22	0:02:39	5:08:41	0:00:44	0:00:22	0:31:30	0:32:28	0:33:35	0:34:43	0:36:00	0:34:58
13	59	Jeroen Visser	13 MAN	10:11:18	1:07:51	0:01:58	5:23:57	0:01:42	0:00:20	0:34:35	0:36:47	0:36:31	0:36:04	0:36:09	0:35:19
14	4	Gerard Terwisscha van Scheltinga	14 MAN	10:12:25	1:16:55	0:02:47	5:01:36	0:02:05	0:00:23	0:36:23	0:36:39	0:38:27	0:39:18	0:39:54	0:37:52
15	60	Roger van der Borgh	15 MAN	10:14:22	1:08:00	0:03:10	4:56:16	0:01:27	0:00:24	0:36:34	0:37:57	0:38:41	0:40:51	0:43:28	0:47:29
16	46	Ferry de Graaf	16 MAN	10:16:00	1:14:34	0:02:17	5:17:44	0:01:52	0:00:24	0:35:02	0:34:39	0:36:56	0:37:36	0:37:42	0:37:11
17	17	Martijn van Ouwerkerk	17 MAN	10:19:59	1:00:37	0:04:38	5:10:28	0:03:15	0:00:23	0:36:54	0:39:21	0:38:49	0:41:25	0:41:42	0:42:21
18	93	Dirk van Duijvenbode	18 MAN	10:25:18	1:16:49	0:02:56	5:05:40	0:03:30	0:00:21	0:36:40	0:37:28	0:38:04	0:40:01	0:42:07	0:41:38
19	96	David Janssen	19 MAN	10:29:57	1:14:23	0:03:43	4:58:46	0:02:23	0:00:23	0:37:37	0:38:14	0:40:13	0:40:58	0:45:47	0:47:25
20	62	Jordy Ariens	20 MAN	10:30:12	1:02:34	0:03:46	5:32:10	0:02:47	0:00:23	0:32:45	0:34:12	0:38:31	0:44:18	0:39:58	0:38:41
21	5	Geke Venema	1 VROUW	10:31:13	1:24:22	0:02:31	5:05:16	0:01:19	0:00:25	0:37:18	0:38:24	0:39:45	0:40:17	0:40:50	0:40:42
22	63	Mark Peereboom	21 MAN	10:35:38	1:24:43	0:03:14	5:21:07	0:02:05	0:00:20	0:34:04	0:35:37	0:38:36	0:40:49	0:38:10	0:36:48
23	90	Jurgen Heemskerck	22 MAN	10:39:16	1:10:58	0:03:26	5:17:36	0:01:41	0:00:24	0:37:13	0:37:46	0:39:28	0:40:50	0:45:59	0:43:52
24	55	Arnoldus van der Werff	23 MAN	10:42:27	1:18:03	0:03:01	5:27:10	0:01:31	0:00:22	0:37:58	0:37:24	0:37:31	0:38:04	0:40:08	0:41:11
25	101	Rene Bosch	24 MAN	10:43:44	1:01:13	0:03:52	5:39:30	0:04:23	0:00:25	0:37:44	0:38:17	0:39:04	0:39:19	0:39:38	0:40:15
26	91	Tom Devriendt	25 MAN	10:43:54	1:29:27	0:06:02	5:23:44	0:01:43	0:00:20	0:33:23	0:34:05	0:37:02	0:38:10	0:39:12	0:40:41
27	19	Gerrit van Egmond	26 MAN	10:44:09	1:22:54	0:04:01	5:21:21	0:02:14	0:00:22	0:34:19	0:37:40	0:38:43	0:39:13	0:41:52	0:41:26
28	104	Frank Lenaerts	27 MAN	10:45:25	1:15:22	0:06:00	5:38:02	0:05:49	0:00:23	0:34:04	0:35:17	0:35:16	0:36:39	0:38:33	0:39:57
29	56	Peter Dubbelaar	28 MAN	10:45:42	1:08:31	0:03:29	5:33:03	0:01:38	0:00:25	0:39:13	0:40:27	0:41:24	0:41:09	0:39:31	0:36:46
30	47	Daan Glorie	29 MAN	10:46:24	0:55:59	0:02:20	5:52:38	0:01:01	0:00:21	0:34:43	0:37:13	0:39:52	0:42:39	0:40:57	0:38:36
31	21	Jasper van den Brink	30 MAN	10:47:27	1:25:58	0:03:28	5:37:38	0:01:47	0:00:21	0:34:17	0:35:10	0:35:48	0:36:34	0:38:54	0:37:28
32	52	Leonie Verstegen	2 VROUW	10:47:42	1:08:59	0:02:58	5:37:22	0:01:57	0:00:23	0:37:30	0:37:40	0:40:29	0:41:19	0:39:55	0:39:05
33	111	Joost Roefs	31 MAN	10:50:34	1:12:35	0:06:09	5:18:23	0:03:26	0:00:22	0:37:58	0:40:54	0:42:33	0:42:41	0:43:50	0:41:38
34	25	Egbert Allema	32 MAN	10:51:10	1:17:09	0:05:12	5:10:10	0:01:29	0:00:24	0:35:19	0:38:23	0:40:30	0:46:02	0:46:52	0:49:35
35	133	Willem Voet	33 MAN	10:57:27	1:34:01	0:07:02	5:25:21	0:04:10	0:00:22	0:36:35	0:36:43	0:37:19	0:37:31	0:38:10	0:40:09
36	69	Arnoud Bosch	34 MAN	11:02:39	1:13:52	0:04:55	5:28:22	0:03:03	0:00:24	0:39:17	0:41:32	0:41:47	0:42:35	0:43:05	0:43:40
37	114	Jarno Terwindt	35 MAN	11:04:42	1:19:24	0:05:26	5:15:12	0:03:56	0:00:21	0:40:17	0:42:23	0:41:46	0:44:12	0:44:56	0:46:45
38	27	Christel Muis	3 VROUW	11:07:00	1:10:13	0:02:59	5:37:49	0:01:11	0:00:21	0:40:07	0:41:45	0:42:38	0:44:19	0:43:26	0:42:07
39	83	Boudewijn Baan	36 MAN	11:08:39	1:10:10	0:05:04	5:41:01	0:04:58	0:00:23	0:39:04	0:40:08	0:40:32	0:42:08	0:42:32	0:42:34
40	23	Michiel de Kremer	37 MAN	11:09:58	1:16:07	0:04:16	5:25:08	0:02:24	0:00:27	0:38:57	0:41:09	0:43:32	0:45:35	0:47:14	0:45:03
41	53	Stefan Uebersezig	38 MAN	11:10:30	1:03:46	0:03:28	5:29:13	0:02:37	0:00:22	0:37:26	0:41:46	0:44:54	0:46:15	0:48:57	0:51:42
42	81	Peter Roessingh	39 MAN	11:10:41	1:08:41	0:03:20	5:49:19	0:02:29	0:00:23	0:38:25	0:39:25	0:39:03	0:41:55	0:44:21	0:43:14
43	68	Dries de Love	40 MAN	11:11:14	1:17:51	0:03:26	5:23:24	0:05:03	0:00:24	0:40:19	0:41:41	0:42:10	0:44:48	0:48:47	0:43:16
44	58	Jos Noordegraaf	41 MAN	11:11:37	1:21:51	0:05:44	5:31:35	0:01:13	0:00:21	0:37:48	0:40:26	0:41:01	0:43:54	0:45:34	0:42:06
45	28	Willem Wijma	42 MAN	11:11:54	1:21:15	0:04:46	5:29:24	0:02:42	0:00:21	0:35:09	0:38:25	0:43:13	0:50:57	0:44:11	0:41:26
46	135	Christophe Clement	43 MAN	11:12:14	1:16:34	0:03:37	5:25:37	0:02:56	0:00:26	0:38:28	0:41:00	0:42:58	0:44:25	0:48:23	0:47:45
47	97	Yvonne Troost	4 VROUW	11:12:26	1:15:44	0:03:22	5:26:02	0:01:44	0:00:25	0:40:14	0:42:03	0:44:31	0:45:38	0:46:52	0:45:46
48	103	Stephan Benninga	44 MAN	11:16:46	1:27:51	0:03:12	5:26:15	0:02:28	0:00:20	0:42:42	0:40:31	0:41:15	0:42:24	0:44:31	0:45:14

49	126	Tonny Bouman	45	MAN	11:19:47	1:09:39	0:07:02	5:18:35	0:05:54	0:00:33	0:44:01	0:44:01	0:49:30	0:48:32	0:46:24	0:45:31
50	43	Wim Timmermans	46	MAN	11:20:06	1:06:41	0:03:25	5:03:48	0:04:06	0:00:23	0:42:35	0:45:04	0:47:46	0:53:56	0:56:08	0:56:08
51	82	Yke Bergsma	47	MAN	11:20:39	1:01:44	0:03:51	5:50:28	0:04:41	0:00:23	0:38:20	0:41:24	0:45:17	0:47:04	0:44:22	0:43:01
52	7	Robert Sierhuis	48	MAN	11:20:48	1:15:43	0:02:49	5:09:57	0:02:02	0:00:23	0:41:09	0:44:36	0:47:48	0:54:59	0:49:02	0:52:15
53	115	Gieny van Niejenhuis	5	VROUW	11:21:23	1:25:45	0:04:02	5:41:11	0:01:41	0:00:29	0:38:41	0:40:14	0:42:13	0:40:53	0:42:38	0:43:31
54	105	Klaas-Jan Spek	49	MAN	11:22:29	1:17:40	0:06:46	5:35:53	0:10:02	0:00:21	0:36:31	0:40:02	0:43:03	0:44:16	0:44:58	0:42:51
55	20	Dirk Kootstra	50	MAN	11:25:04	1:10:36	0:05:56	5:25:33	0:04:54	0:00:21	0:39:21	0:41:12	0:44:09	0:51:37	0:57:44	0:43:35
56	84	Dirk Fabels	51	MAN	11:25:53	1:12:12	0:05:38	5:37:28	0:03:40	0:00:28	0:38:39	0:42:54	0:44:12	0:46:26	0:47:17	0:46:54
57	77	Maikel Vogels	52	MAN	11:28:55	1:17:23	0:05:38	5:33:46	0:06:20	0:00:22	0:32:56	0:35:50	0:39:06	0:40:26	0:51:19	1:05:43
58	85	Emiel van Bugnum	53	MAN	11:29:20	1:15:08	0:04:50	5:51:00	0:03:13	0:00:22	0:37:35	0:40:12	0:42:34	0:42:50	0:44:44	0:46:45
59	71	Frank Huisman	54	MAN	11:35:16	0:56:14	0:02:19	5:44:54	0:02:10	0:00:26	0:40:55	0:40:46	0:51:16	0:54:27	0:51:35	0:50:08
60	119	Marie Klein	6	VROUW	11:38:26	1:14:43	0:03:10	5:43:23	0:02:17	0:00:26	0:40:05	0:43:22	0:47:40	0:48:00	0:48:31	0:46:45
61	102	Willem van der Voort	55	MAN	11:39:44	1:13:39	0:06:48	5:51:05	0:06:29	0:00:25	0:41:54	0:41:15	0:42:21	0:44:26	0:45:32	0:45:47
62	65	Ron Schwab	56	MAN	11:40:10	1:11:28	0:03:16	5:37:38	0:01:56	0:00:25	0:41:27	0:46:36	0:48:09	0:48:14	0:54:45	0:46:12
63	13	Kees van Malssen	57	MAN	11:43:32	1:22:31	0:04:11	5:39:50	0:04:12	0:00:23	0:37:11	0:39:08	0:41:16	0:59:01	0:50:16	0:45:27
64	36	Joris Sels	58	MAN	11:44:37	1:21:04	0:02:38	5:04:20	0:03:03	0:00:21	0:42:28	0:47:16	0:50:31	0:55:04	1:04:40	0:53:07
65	94	Pol Dekeirel	59	MAN	11:45:44	1:25:13	0:05:00	5:48:12	0:03:11	0:00:25	0:40:20	0:43:16	0:46:47	0:46:47	0:46:42	0:39:47
66	35	Caroline Willems	7	VROUW	11:46:47	1:11:24	0:05:57	6:08:59	0:03:32	0:00:24	0:38:56	0:41:06	0:42:01	0:43:50	0:45:27	0:45:07
67	37	Marcel Hoekstra	60	MAN	11:46:54	1:31:05	0:11:49	5:46:55	0:12:44	0:00:24	0:39:06	0:38:49	0:39:06	0:40:00	0:43:04	0:43:45
68	18	Johnny van Beers	61	MAN	11:49:11	1:27:40	0:02:45	5:49:05	0:01:56	0:00:19	0:37:22	0:46:37	0:46:03	0:46:17	0:45:57	0:45:04
69	26	Sabine Gruner	8	VROUW	11:50:25	1:16:29	0:05:13	5:57:55	0:01:34	0:00:24	0:41:59	0:41:38	0:43:40	0:45:34	0:47:42	0:48:12
70	78	Marc Haex	62	MAN	11:51:32	1:13:21	0:05:39	5:51:28	0:07:08	0:00:23	0:37:02	0:41:12	0:44:40	0:49:20	0:50:05	0:51:08
71	146	Anouschka Hof	9	VROUW	11:51:47	1:29:19	0:04:27	5:45:58	0:04:04	0:00:23	0:38:24	0:41:25	0:45:17	0:50:10	0:49:50	0:42:26
72	98	Leon Borst	63	MAN	11:51:53	1:09:08	0:03:13	5:34:32	0:01:51	0:00:29	0:46:04	0:46:41	0:49:44	0:53:39	0:53:44	0:52:43
73	76	Frank Kormann	64	MAN	11:52:05	1:32:35	0:05:46	5:32:43	0:03:17	0:00:25	0:42:11	0:43:07	0:46:33	0:49:54	0:49:06	0:46:23
74	22	Klaas Stielstra	65	MAN	11:52:18	1:16:42	0:02:58	5:33:27	0:03:14	0:00:24	0:39:55	0:44:15	0:49:16	0:52:56	0:54:13	0:54:53
75	123	Tobias Dansen	66	MAN	11:52:41	1:26:10	0:06:54	5:41:41	0:04:45	0:00:24	0:41:06	0:42:38	0:44:31	0:47:56	0:48:06	0:48:25
76	6	Gert-Jan ten Pierick	67	MAN	11:53:23	1:16:47	0:02:56	5:35:57	0:02:48	0:00:22	0:41:31	0:44:53	0:51:58	0:51:42	0:55:14	0:49:10
77	66	Tone Vrhovnik Straka	68	MAN	12:00:05	1:16:51	0:03:34	5:47:54	0:02:51	0:00:26	0:40:16	0:45:25	0:49:02	0:51:19	0:50:11	0:52:11
78	121	Marijcke Toussaint	10	VROUW	12:05:33	1:30:46	0:03:32	5:55:07	0:01:51	0:00:25	0:39:21	0:43:38	0:43:40	0:46:18	0:48:02	0:52:49
79	129	Thom de Kroon	69	MAN	12:08:27	1:31:22	0:05:20	5:47:24	0:02:35	0:00:23	0:33:11	0:37:20	0:40:00	0:43:39	0:52:51	1:14:17
80	80	Henk Moerdijk	70	MAN	12:08:46	1:11:18	0:05:36	5:58:09	0:04:02	0:00:28	0:44:19	0:50:13	0:49:17	0:47:12	0:48:32	0:49:37
81	118	Stef van Vliet	71	MAN	12:09:29	1:12:27	0:04:23	5:41:44	0:02:30	0:00:24	0:37:58	0:44:13	0:49:02	1:07:35	0:56:07	0:53:02
82	140	Hans Steenhaut	72	MAN	12:12:45	1:26:28	0:04:22	5:54:27	0:05:30	0:00:27	0:40:21	0:43:17	0:46:41	0:50:06	0:51:27	0:49:35
83	95	Henk-Jan van Hees	73	MAN	12:20:12	1:33:39	0:06:07	5:45:20	0:03:05	0:00:27	0:45:04	0:46:58	0:46:16	0:49:28	0:50:56	0:52:46
84	33	Klaas Pranger	74	MAN	12:21:05	1:28:30	0:04:45	5:53:50	0:05:18	0:00:26	0:43:50	0:45:59	0:48:29	0:47:59	0:51:52	0:50:02
85	108	Kenty Siverio	75	MAN	12:24:40	1:31:10	0:03:37	6:02:15	0:02:00	0:00:26	0:35:15	0:38:50	0:44:17	1:12:53	0:50:38	0:43:14
86	127	Raymond van Berkel	76	MAN	12:28:15	1:36:28	0:12:48	5:49:21	0:09:23	0:00:36	0:42:06	0:43:33	0:45:34	0:48:30	0:49:36	0:50:14
87	88	Robert ten Wolde	77	MAN	12:30:01	1:07:39	0:03:56	5:40:12	0:02:25	0:00:24	0:39:48	0:45:38	0:56:22	1:10:11	1:03:08	1:00:11
88	120	Auke Wijnterp	78	MAN	12:30:30	1:33:05	0:04:40	6:03:46	0:02:14	0:00:28	0:42:01	0:43:15	0:45:49	0:47:40	0:55:24	0:52:04
89	8	Mark Schoonhoven	79	MAN	12:30:50	1:29:05	0:02:29	5:52:30	0:01:17	0:00:32	0:47:56	0:52:59	0:49:46	0:50:57	0:53:14	0:49:59
90	29	Gerard van Schie	80	MAN	12:30:50	1:31:59	0:02:36	6:13:27	0:02:15	0:00:22	0:39:51	0:42:44	0:44:46	0:48:09	0:52:45	0:51:50
91	75	Frank Essing	81	MAN	12:32:29	1:11:32	0:04:10	5:59:25	0:01:54	0:00:25	0:46:56	0:50:16	0:54:45	0:52:31	0:54:56	0:55:33
92	99	Robert Gardien	82	MAN	12:38:32	1:11:06	0:04:51	5:58:35	0:02:56	0:00:37	0:42:35	0:43:55	0:45:57	1:02:37	1:03:38	1:01:39
93	131	Arjen Mol	83	MAN	12:40:59	1:35:21	0:07:40	6:11:27	0:06:09	0:00:33	0:40:59	0:42:55	0:43:56	0:46:59	0:52:12	0:52:39
94	132	Reinoud Sluifers	84	MAN	12:45:41	1:23:03	0:08:14	6:13:00	0:04:23	0:00:32	0:39:03	0:40:43	0:42:13	0:47:34	0:59:35	1:07:16
95	70	Jorrit Weidenaar	85	MAN	12:47:43	1:27:09	0:04:51	5:48:22	0:06:11	0:00:21	0:44:57	0:54:46	0:58:29	0:54:08	0:52:53	0:55:31
96	106	Andreas Thissen	86	MAN	12:49:28	1:25:44	0:03:02	5:54:46	0:02:01	0:00:25	0:52:10	0:51:35	0:51:01	0:52:39	0:58:23	0:57:37
97	143	Theo van der Staak	87	MAN	12:55:37	1:39:14	0:05:49	6:03:12	0:03:07	0:00:49	0:48:46	0:48:00	0:51:49	0:53:01	0:53:12	0:48:31



**GEEN** 124 Edwin de Lange  
**GEEN** 32 Hielke Nienhuis  
**GEEN** 136 Michael Klesse

MAN **DNS**  
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